

DATES FOR The Diary

LISA & PHIL ON COURSE

Jan 7 Newcastle (PK) Jan 12 Ludlow (LD) Jan 14 Southwell AW (PK) Jan 20 Musselburgh (PK) Jan 22 Chepstow (LD) Jan 26 Wetherby (PK) Jan 27 Lingfield AW (LD)

JETS DROP IN SESSIONS Mondays 2-4pm Lisa is at Oaksey House

Mondays 12 – 4pm Phil is at Jack Berry House

Lisa is at the Racing Centre, Newmarket on last Wednesday of the month

MEDIA TRAINING DAYS 26 Jan 12.30-4pm

British Racing School 16 Feb 12.30-4pm

Oaksey House **19 Feb 12.30-4pm** Jack Berry House

If you'd like to attend a session please email Phil Kinsella (phil@jets-uk.org)

TRAINING COURSES

14 – 17 Feb Advanced Racecourse Groundsmanship Course York Racecourse

15 - 19 Feb Trainers Module 1 BRS

23 – 25 Feb Racing Secretaries Course BRS

19 – 20 April Intro. to Racecourse Groundmanship – Foundation Cheltenham Racecourse

JETS JOURNAL New Year Edition 2016

JOCKEY STORIES

Our website has a special section featuring case studies on jockeys who are thriving in their new careers. We find out what challenges they face, what they enjoy about their new career and what advice they would give to jockeys coming through now. Here are a couple of jockeys we have featured recently. You can read their full stories online.

NICHOLAS LAWES



Nick rode as an Apprentice from 2004 to 2009 and had over 280 rides. He was working abroad when he first developed an interest in equine dentistry, before successfully completing his qualifications in Australia where he worked with many leading equine dentists. He is now back in England building up his own business in the Beverley area where he also work rides for several trainers. Nick loves being able to continue his career in horseracing and use his skills as a horseman.

PAUL BENSON



Paul rode as a Conditional and Apprentice jockey from 2004 to 2010. He had 485 rides and 34 winners. He gained a BSc Honours in Business Computing in the summer and is now studying for a Masters in Finance in Dublin. He has successfully secured a two year post on the graduate scheme at The Davy Group, one of Ireland's biggest financial companies. Paul has noticed how employers are always interested in jockeys' backgrounds and impressed by their interpersonal skills.



IN THE SPOTLIGHT... PHIL KINSELLA

Phil started his role as Jockey Personal Development Manager (PDM) in November. Based in the North Phil is working with jockeys to offer a wide range of advice, guidance and support services to ensure that they benefit from the same type of overarching support available to all other professional athletes, including working to ensure that all young jockeys have Personal Development Plans.

What is your first memory of racing? My dad rode in point to points and I remember trying to carry his saddle about twice the size of me in off a horse called Demi Cheval! What has been your favourite moment in racing? Winning the Grand Sefton over the Grand National fences.

What inspired you to apply for the job as PDM? I get a great deal of satisfaction and enjoyment out of helping the young jockeys through my jockey coaching and felt this was a natural progression from that.

What do you enjoy most about the **role?** Feeling like I am able to help people and the variety it offers. I am somewhere different every day.

What are the biggest challenges in the role? It's been a while since I have been in the weighing room so trying to learn all the new faces. What has been the biggest surprise so far working for JETS? All the different courses people are undertaking and all the different options available to facilitate their study.

What music do you listen to on the road with JETS? I just enjoy listening to the radio for some variety and to keep up to date with what's going on in the world.

What has been the best advice you've been given? Don't put off till tomorrow what you can do today.

Who is your racing hero? AP



We are delighted to welcome SIS, The Thoroughbred Club, Withy King and Amlin Plus as the newest members of our Friends of JETS scheme. JETS candidates now have the opportunity to draw on the expertise of a range of businesses, both within the horseracing industry as well as other sectors, who have signed up to offer careers support to jockeys. If you are interested to find out what opportunities they can offer, please contact Lisa.

If you think your business could also be appropriate to join the scheme, please get in touch and we can send you an Information Pack





RICHARD DAVIS AW

2015 marked the 20th year of JETS so to celebrate this milestone, JETS hosted a special lunch at the Richard Davis Awards, attended by around 70 guests including previous winners as well as some of the many people who have contributed to the development of the organisation since its inception in 1995. It was a very heartwarming event and testament to how far JETS has come in twenty years.



Jones and Awards host Luke Harvey



BHA Chairman Steve Harman (left) with guests, Paul and Gill Greeves, Dawn and Mike Goodfellow



Previous Richard Davis Award winners Richie Killoran and Mark Bradburne with 2015 winner Niall Hannity, Erin Walton and AP McCoy



Keith Mercer, Michael Caulfield (one of the founding JETS Directors) and Lisa Delany



Anna Waters



Stephen Davis and his guest Michelle, Ann Davis and Andrew Davis. Richard Davis' family have attended the Richard Davis Awards every year



Liam McKenna and Harry Fry receive their trophy from Ann Davis for winning the Celebrating 20 Years of JETS Conditionals Race with Unowhattimeanharry.



Chairman of JETS Trustees Andrew Chalk, Seamus O'Neill and JETS Trustee Kate O'Neill



Jo Be<mark>rry, John and Jackie Porter and Jack Berry,</mark> Annabelle Armitage and guest Rory



Restaurant at Cheltenham



Lauren and Andrew Braithwaite, BRS Finance Director

THANK YOU

Thanks so much to everyone who attended and made the day so special. Also special thanks to Channel 4, the team at Cheltenham Racecourse, Luke Harvey, AP McCoy and the Davis family.

ARDS 2015



The Richard Davis Awards, were held once again at the new look Cheltenham **Racecourse on Sunday** 15th November. As part of the 20th anniversary celebrations, there was a change to the usual format for the Awards with three finalists for the Achievement Award announced ahead of the event with the winner and runners-up revealed on the day.



Niall Hannity receiving his JETS Achievement Award

JETS ACHIEVEMENT AWARD WINNER (£3000 prize)

Niall Hannity rode as a Jump jockey for nine years winning 100 races and consulted with JETS about different career options while still riding. He attended various media training days which, along with passion for racing, his knowledge of race form and pedigree, inspired him to pursue a career in broadcasting. In 2014, he also became a Jockeys' Agent, with 9 jockeys on his books and speaks with trainers on a daily basis who value his in depth race knowledge and has achieved some big winners already with his jockeys. He also sits on a panel aiming to help regenerate Jump Racing in the North of England.

JETS ACHIEVEMENT RUNNERS-UP (£500 prize)



Annabelle Armitage sustained a serious racing injury and, with the support of JETS and the IJF, has overcome her own disability to qualify as a musculoskeletal physiotherapist for the NHS. **Michael Naughton** used time off with injury to carry out IT training funded by JETS which enabled him to secure his role with Fine Equinity where he is developing new technology and helping grow the business abroad.

IJF PROGRESS AWARD WINNER (£2000 prize)



Keith Mercer won nearly 200 races, including the Scottish Grand National, during his eight year riding career as a Jump Jockey. Whilst riding, Keith developed an interest in property and finance so when he was forced to retire through injury, he decided to do an Accountancy degree to help develop a career in these areas. JETS has provided financial support throughout his studies and he has thrived in the very different environment of full time education, achieving high marks in his first year course assessments and continuing with high grades in his second year. He aims to progress successfully to gain his qualification and is exploring opportunities to work abroad.

"To win this prestigious award means an awful lot. I think as time goes on since retiring from the saddle, you appreciate just how important JETS is for jockeys, as it can be quite a scary and lonely time when you stop riding. I'm so lucky to have found employment in my hobby and this is down in no small part to JETS." *Niall Hannity*

"Jockeys used to be frightened of saying they were thinking about retirement in case people thought their bottle had gone. You can't keep going forever, whatever sport you're in. However strong-willed you are you can't have enough support, so jockeys are lucky to have JETS to help them through it." *AP McCoy* "Niall's passion and commitment to forging a career in a sport he obviously loves so much was clear. All the finalists have achieved so much and every year the judges are hugely impressed by the quality of the entries." *Lisa Delany*

"The judges were so impressed by the dedication and motivation Keith has shown in pursuing his Accountancy degree. Having enjoyed such a practical and physical career, to decide to go back to University and start from scratch in a new career is an impressive undertaking, especially when you consider the mental and physical strain his injury had on his well-being."

Helen Wilson, IJF Almoner

"I am delighted - and honoured - to win the IJF Progress award, I would like to express my thanks to JETS for its invaluable support and assistance in enabling my pursuit of a second career. It is great for jockeys to have an organisation like JETS behind them when they make the often difficult decision to retire from the saddle. Without JETS, it would have been very difficult for me to pursue a degree in accountancy and finance at Teesside University." *Keith Mercer*



THE DAY OF

٢he Jockey Study

The Jockey Study is a three year collaborative venture between Oxford University and the racing industry which is looking at health and welfare associated with professional horseracing. The results will aid the development of ways to improve the long-term health, safety and well-being of jockeys and ride-out staff. Please keep an eye out for the retired jockeys questionnaires which will be distributed via post and email address over the next upcoming months. Willie Carson, Ambassador, "This is really important research. We owe it to our jockeys and ride out staff to understand how we can reduce injury risk and long term problems". Please email thejockeystudy@ndorms.ox.ac.uk for further information.

CAREERS IN RACING

Careersinracing attend recruitment events and arrange visits to colleges throughout the year. If you're interested in using your communications skills and working on the stand to help promote careers, please contact Michelle Douglas mdouglas@britishhorseracing.com.

careersinracing.com

CONGRATULATIONS TO:

James Millman who has gained a First Class Law degree from Leeds BPP law school and has secured a training contract with Walker Morris .

Craig Messenger who was promoted to the position of **Community Liaison Officer** (CLO) for Kent Police, starting in October.

Jimmy Derham who has joined Meadow Cheese as an Account Manager in Herefordshire.

Sophia Upton who was successful in her application for the BHA Sessional Starter role and has started her training.

Richie Killoran who passed his Financial Markets exam in June as part of his Chartered Wealth Management course.

NEW VIDEO!

Luke Harvey has produced a fantastic new video celebrating 20 years of JETS featuring interviews with jockeys who've benefitted from JETS services and AP McCoy paying tribute to Richard Davis. You can view this along with lots of other useful videos in the News & Videos section of our website.



CONTACT JETS



Follow us @JETS4Jockeys or like us! It's the best way to stay in touch and maximise opportunities even if you're only starting out on your jockey career.

USEFUL NUMBERS:

PJA Confidential Wellbeing Helpline 08448 006873 PJA Nutrition Team 01394 420200 BRS Jockey Coaching 01638 665103

JETS – 20 YEARS IN NUMBERS

JETS candidates who've registered for ongoing careers support

Number of jockeys or former jockeys JETS has assisted into employment since 1995

52.1 MILL Amount Jockeys and IJF have invested in the scheme.

Amount that JETS typically issues in training grants and scholarships annually.

WHO'S TRAINING NOW

We regularly update our website with training currently being undertaken by JETS candidates, much of which is funded by JETS. This should help inspire others to see the range of courses on offer, many of which are part time and can be combined with riding or other paid employment.



Emma O'Gorman	Advanced Cooking Skills
Holly Hall	AAT Level 2
Dean Heslop	Level 2 Certificate in Fitness Instructing
Eugene Husband	Level 3 Award in Transporting Horses
Nicky Lawes	BEVA/BVDA Advanced Theoretical EDT
Martin Guest	Electrical Installation Diploma Level 3
Matthew Roe	Electrical Installation Diploma Level 3
Hayley Turner	Public Speaking Coaching
Robert Lucey-Butler	Electrical Installation Year 3
Garry Whillans	Level 3 Diploma in Racehorse Care & Management

If you're interested in carrying out some training, please contact Lisa.



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